

*always fresh
always tasteful
always pure!*



BioAgros
Organic Products



Bioagros SA was established in 1990 and focused on the production and trade of Greek organic products in the Greek and European market.

GreGo SA was established in 2013. GreGo is the export division of Bioagros SA.


We respect the consumer, controlling and optimizing the quality standards of our products.

We communicate and inform our consumers constantly, through articles, speeches and presentations, primarily to making them aware of the delicate and crucial links that lie between citizen, society and environment and connecting that to our products.

We invest at extroversion which boosts the Greek economy. We export Greek products and with them Greek culture. Only in the last two years we have invested in total 50.000 euros for the promotion of Greek products in the markets abroad.

We are close collaborating with Aristotle University of Thessaloniki to concertize education and research programs aiming to the constant growth of the organic agriculture sector.

We own private cold store warehouses, covering an area of 4000 m² and a capacity of 3000 tons, for fresh and 800 pallets of frozen products, while providing controlled atmosphere for fruits vegetables and dairies.



All fruits and vegetables are grown in small farms by organic growers with the traditional cultivation methods they have learned from their grandparents, with love for the land they cultivate, with love for the environment and with great love for humans. No chemical pesticides or fertilizers are used in any stage of the cultivation

The aim of organic farming is to offer authentic fruits and vegetables, keeping the **traditional flavors of the Mediterranean Sea** untouched.

At the same time it is ensuring consumer's health and protecting the environment from chemical pollution.

How to Grow

Collection Traceability

Harvesting of fruits and vegetables is applied by hand. Just after the harvesting, the crop is moved to our pack house, checked, standardized, packed and shipped to customers in refrigerated trucks to be found on the consumer's plate, keeping the freshness like it was taken out of the plant.

All legal traceability procedures are followed from harvesting to consumption, to give the consumers the ability to know the field, the producer and manufacturer of the products.

Quality Safety

Bioagros follows strict rules of operation, that ensure product quality and safety to the consumer's health.

Producing, packaging and shipping are taking place, using all modern machinery equipment. **European standards for environmental management and food safety** are followed according to ISO 22000, IFS and Global Gap requirements.

All products are tested from the field of production to the shelf of the retail shop. They are also certified by EU Organic Standards, EU Reg 834/2007.

The quality Control procedures plus the EU certifications, constitute a guaranty for high quality and safe products.



Why consume fresh Fruits & Vegetables?

Because they provide a balanced diet with low calories, giving body the needed energy without being fattening.

Why do I consume Greek Organic products?

Consumers interested in a healthy lifestyle, need to know what their food is contained from. Consuming Greek organic fruits and vegetables have multiple benefits.

1. No pesticides are found.
2. They do not contain Genetically Modified Organisms (G.M.O.).
3. They contain 10% - 50% higher content of nutritional components (phytonutrient) than conventional products.
4. They are very rich in antioxidants.
5. The Mediterranean sun and climate, give a special flavor to organic fruits and vegetables.

The inspection and certification under European standards, ensures that they follow all the necessary procedures so that the final product that is produced, is absolutely authentic, without chemical residues or GMO residues.



CITRUS

The golden fruit of the Mediterranean

It is one of the most important and tastier sources of vitamins and minerals essential to the human body. Greece, Spain and Italy are the three largest countries in citrus growing in the Mediterranean basin.

* Oranges * Mandarin * Grapefruit * Lemons

Citrus is available from November to May.

KIWI

Fruit of Love

Kiwi is a fruit with high nutritional value, a “bomb” of vitamins. The fruit is rich in potassium, magnesium, phosphorus, fiber and minerals. It contains more vitamin C than any other fruit, as well as vitamin B and carotenoids. **Kiwis are available from October to June.**

STONE (PIT Fruit)

The fruit of chastity and of Immortality

Peaches, plums, nectarines, apricots and cherries are exclusive summer fruits that are, fresh, juicy and full of flavor with high nutritional value. They contain significant amounts of vitamin C&E many antioxidants, phosphorus, biotin, iron and calcium. However, apart from offering valuable elements in the body they are also used as cosmetics. They are grown by Greek organic farmers and offered in many varieties all throughout summer **from June to September.**

GRAPES

Fruits of Youth

Are highly nutritious fruits offered in a variety of colors and flavors. Grape is rich in ingredients with high nutritional value and of the highest importance to our diet. It is rich in vitamin A, B, C antioxidants and potassium. **Grapes are available from August to October.**

PERSIMMONS

Fruits of Power

Persimmons are an excellent source of fiber, which helps keep the body regulated. B-complex vitamins are present to stabilize the metabolic system, along with copper and phosphorus. They are easily grown in Greece and have a very strong relation with the Greek tradition coming from the ancient times. Persimmons **are available from September to October.**



FRESH CUCUMBERS

Cucumber (*Cucumis sativus*) is one of the oldest cultivated vegetables. It was originally cultivated several centuries ago. Along with the tomato it is a key ingredient in most salads that are the basis of the “Mediterranean Diet”.

Contains significant amounts of vitamins B and E and many antioxidants, phosphorus, magnesium, potassium, iron, calcium and zinc.

Cucumber is available from November to June.

FRESH TOMATOES

Tomato is probably the best vegetable in nature and can be eaten in many ways, including fresh in salads, cooked as an ingredient in foods and sauces and processed in ketchup or tomato juice beverages. Tomato is rich in lycopene, one of the most powerful antioxidants in nature. Tomato because of its acidic pH, can easily be maintained canned whole or in pieces, as well as tomato sauce or paste.

Tomatoes are available all year round.

























































































































POMEGRANATE

From antiquity pomegranate held a special status among people’s beliefs about nutrition and disease treatment. Pomegranate is considered as the fruit of fertility and good luck. Pomegranate is perfectly suited for the Greek soil as proper conditions for its cultivation are met, meaning ample sunlight and dry climate.

Years of clinical trials have demonstrated that there are plenty of reason for consuming pomegranate and in specific its juice. The high concentration of antioxidants found in pomegranate juice boosts health and presents anti-inflammatory qualities. It also contains more phenolic agents than red wine. Pomegranate juice has low calories and is particularly rich in potassium.

Pomegranates are available in January and from October to December.

Table with the availability of Fruits & Vegetables
by species, variety & per month.

FRUIT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Kiwi												
Oranges Navelina												
Oranges Navel Washington												
Oranges Moro & Taroco												
Oranges Sagouinelo												
Oranges Valencia												
Oranges Navel Late												
Grapefruit												
Mandarins Clementines												
Mandarins Clementines Nova												
Mandarins Mineola												
Mandarins Ortanic & Fotouna												
Lemons												
Peaches												
Nectarines												
Apricots												
Cherries												
Grapes												
Avocadoes												
Pomegranate												
Persimmons (Kaki)												
VEGETABLES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Cucumbers												
Tomatoes												
Peppers												
Watermelons												
Melons												
Asparagus												



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